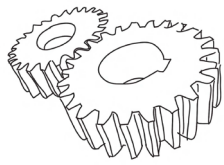




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www.beintent.com
support@beintent.com



technical specifications

Wellbeing delivered to the desktop

BE Intent uses technology innovatively and effectively to create unique personal support and motivation on a daily basis to all staff members. It's easy to use.

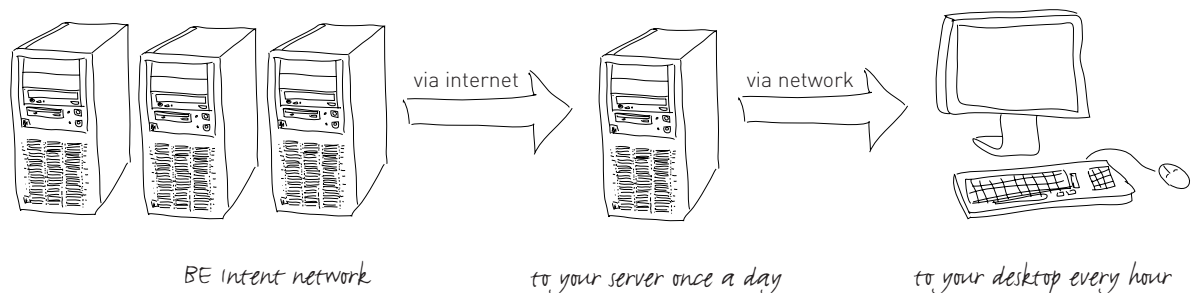
The BE Intent engagement programme combines an advanced website with an interactive desktop application. All installations are easy and fast, and should any challenges occur, we have excellent technical assistance for you. Below outlines all the technical aspects you may need to know.

Desktop Application

The [Choose My Day] application runs using Adobe Air and Flash and sits on each individual staff members desktop. It delivers personalised exercises and tools every hour.

Website

www.beintent.com is the hub of resources and personal information. Staff have home and office log-ins, but resources & tools are delivered via the desktop application.



How does the installation work?

Installation is quick and easy. All staff participating in the programme are emailed a link to register. Once staff have completed the sign up process, they will be directed to login and go to the Download Application page. Here they simply have to click on the INSTALL NOW button to start the process. Installation generally takes between 1-3 minutes.

**Most organizations have procedures in place to allow the download and install of the desktop application, and the once daily interactivity with our website. You may need authority/support from your Technical Team to grant initial permissions and approve us as a certified safe provider. In depth Firewall and Technical specifications are available by: emailing support@beintent.com or phoning 09 816 8456

What happens after the installation?

Once the [Choose My Day] has successfully been installed members will be presented with the login screen (nb. login details are exactly the same as for the website). Once logged in members have to select their current state of mind and then select how they'd like to feel. Based on these two chosen states the [Choose My Day] application will access the BE Intent Online Media Database. A series of unique exercises and intents, will be delivered to the desktop every hour to help members achieve their chosen state-of-mind, and support them to be healthy and motivated throughout the day.

What is Adobe® AIR™?

Adobe Air is a new and exciting system developed by Adobe which enables applications like [Choose My Day] to run outside your internet browser and on your desktop instead. For the past 25 years Adobe have been creating reliable and award winning software and technology.

Adobe® AIR™ has been designed to allow companies to build Rich Internet Applications (RIA*) that run outside your web browser across multiple operating systems. Other companies using this technology are ebay, AOL, Mini and Nickelodeon. More details on Adobe® AIR™ can be found here: <http://www.adobe.com/products/air/>

Adobe® AIR™ is coupled with the [Choose My Day] installation and will happen automatically at the time of download.

*RIA?

Rich Internet Applications are web applications that have some of the characteristics of a desktop application but are typically delivered by way of a web browser.

What is Flash?

Flash is a multimedia platform developed to allow the use of animation and video into RIA's (Rich Internet Applications). All members need to have flash on their computers to see our fun and inspiring content.

Most office environments have Flash installed on their computers already. But members can install Flash prior to installing our [Choose My Day] application; there is a link on our Download page.

More on flash: <http://get.adobe.com/flashplayer/?promoid=DRHWS>

Minimum operating system requirements

WINDOWS

Intel® Pentium® III 1GHz or faster processor, 512MB of RAM

Recommended:

Pentium 4 2GHZ or faster, 1GB RAM

Windows Vista® Home Premium, Business, Ultimate, or Enterprise including 64 bit editions, Windows Vista SP1, Windows XP Tablet PC Edition SP2 and SP3, Windows XP SP2 and SP3, Windows 2000 SP4, Windows 2003 Server

MAC OS X

Intel Core™ Duo 1.83GHz or faster processor; PowerPC® G4 1GHz or faster processor

Mac OS X 10.4.11 or Mac OS X 10.5.4 and 10.5.5

512MB of RAM

Technical Support

support@beintent.com | www.beintent.com | 09 816 8456 | 021 825 672